## FIGHTING PROTECTION OPEN IHC EUROPEAN HAPKIDO CHAMPIONSHIP 2022

ALLOWED PROTECTION: ALWAYS MADE FROM SOFT MATERIAL;









LOOSE LEG AND FOOT PROTECTION ONLY IN COMBINATION!





UNDERARM PROTECTION ONLY IN COMBINATION WITH HAND PROTECTION





**GROIN GUARD (MALE)** 



**MOUTH GUARD** 



## **FORBIDDEN PROTECTION!!**;

LEG/FEET: FEET/TOES NOT FULLY PROTECTED!





HAND/FIST; MMA: FINGERS FULLY OPEN





